







# REACTION / DISTRACTION GAME

When we have reactive dogs, one thing which is very important is to make sure that our dog cannot practice the reactive behavior. To help our dog learn to trust us instead of feeling the need to react, we play this game with them. It teaches our dog to check back in with us instead of feeling the need to lunge, bark or react to their trigger. Knowing that they can trust us to take care of the issue will help create a calmer, more relaxed dog.

This game should be practiced in places of comfort instead of around their trigger. It teaches them to engage with us, which should be a habit before we take them to the next level.

## STEP ONE



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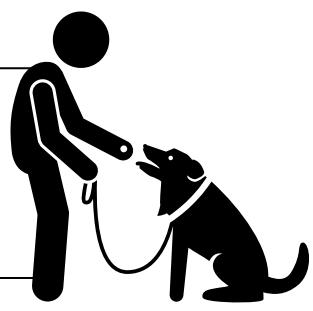
-  Get seated in a comfortable spot where your dog can see you
-  Allow your dog to wander away from you
-  When your dog looks at you, click and treat (if your dog is far away, toss the treat)
-  When your dog looks at you and comes to you, click and give multiple treats

*Our goal is for your dog to become excited to look at you!*

## STEP TWO




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-  Go out into the back yard when it is calm and quiet
-  Practice the previous steps as listed above



## STEP THREE

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-  Go out into the front yard when it is calm and quiet
-  Keep your dog on a leash but allow them to wander away
-  If your dog becomes over focused on something outside, go back to practicing indoors