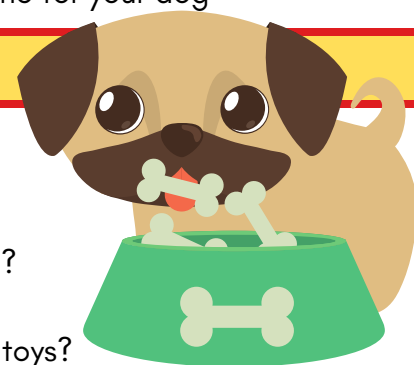


CREATING A ROUTINE FOR YOUR DOG

Here are some questions to ask to help you design a routine for your dog

Food

- How many meals do you feed per day?
- Where do you feed your dog?
- When do they eat breakfast? When do they eat dinner?
- How long does your dog have to eat before you pick up their bowl?
- Are dogs separated during meals or do they eat together?
- Where do the dogs have to be when they get chew treats or kong toys?
- Are the dogs allowed people food?
- What do the dogs do when you are eating? Where should they be?



Exercise

- What exercise do you provide the dogs?
- Do you walk the dogs? If so, how many walks per day/week?
- Do you let the dogs sniff and wander during their walks?
- If out in the yard, do you go out to play with them? If so, how often? What activities?



Potty

- Does your dog go potty outside? Do they use potty pads inside?
- How do you want your dog to tell you they need to go potty?
- How do you reward a good potty?
- Does the dog get to play after potty?

Play / Enrichment

- What does playtime look at in your home?
- Do you use dog puzzles / snuffle mat/ lick mat/ games for mental enrichment?
- Do you encourage sniffing while outside to engage their mind?
- How often do you practice training behaviors? How do you reward with training?
- What do you do to keep your dog busy or entertained?



Rest / Relaxation

- Is your dog allowed on the couch for snuggles? If so, how often? When are they allowed?
- Does your dog have a kennel they can go to if they want to rest / be left alone?
- Does each dog have their own special spot to rest / sleep in?
- What do you want to do when it is your time to relax? Are the dogs welcome to join you?
- Is the dog allowed on the bed? Can they get onto it themselves? Does your dog get stairs?
- Do the dogs sleep in their kennels? Do they get potty breaks in the middle of the night?
- What time is bedtime? What time do we get up in the morning?
- What behavior is expected while on the bed / in the kennel / couch?

