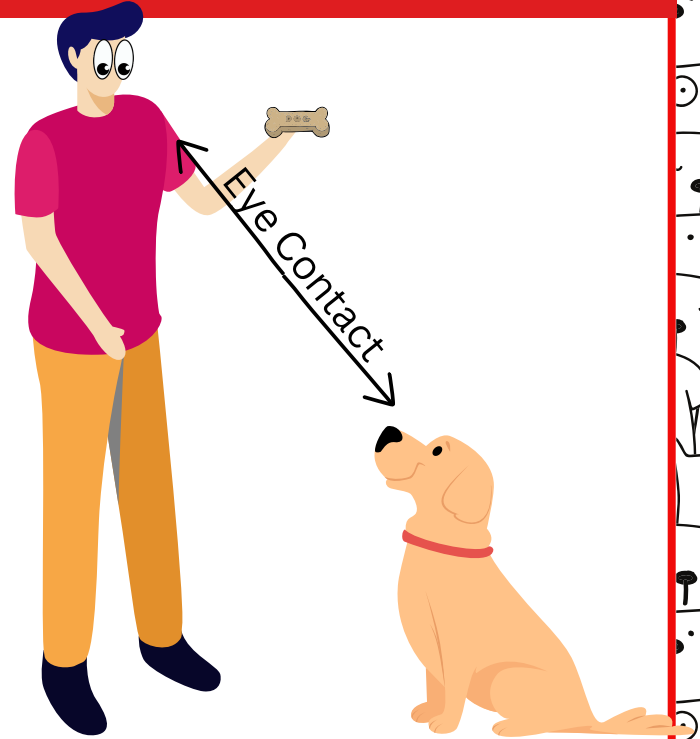


# ENCOURAGING ENGAGEMENT

You will need a clicker and some soft, yummy treats for this

## HOW TO START

- 1** Hold a treat right up near your eyes. You want to encourage calmness so pick the right time to do this.
- 2** You can use a word like "look / watch" or "me" while you move the treat up to your eyes.
- 3** Initially you want to reward small glances then begin working for longer and longer eye contact. Use your clicker when you get eye contact and give your dog a treat.



## HOW TO USE IT

Once learned, your dog will automatically make eye contact with you when you use the cue



Once practiced, you can use this to get your dog to focus and engage with you when your dog may be distracted

If your dog needs to calm down while playing, getting their eye contact can help them settle quickly



Eye contact promotes bonding hormones for you and your dog

