

# REACTIVE DOGS: CHOOSE YOUR POSITION

If you are starting your journey with your reactive dog, it is best not to insist on a sit, down or stay when faced with your dog's trigger. Reactive dogs do better when they get the chance to decide what they feel comfortable with.

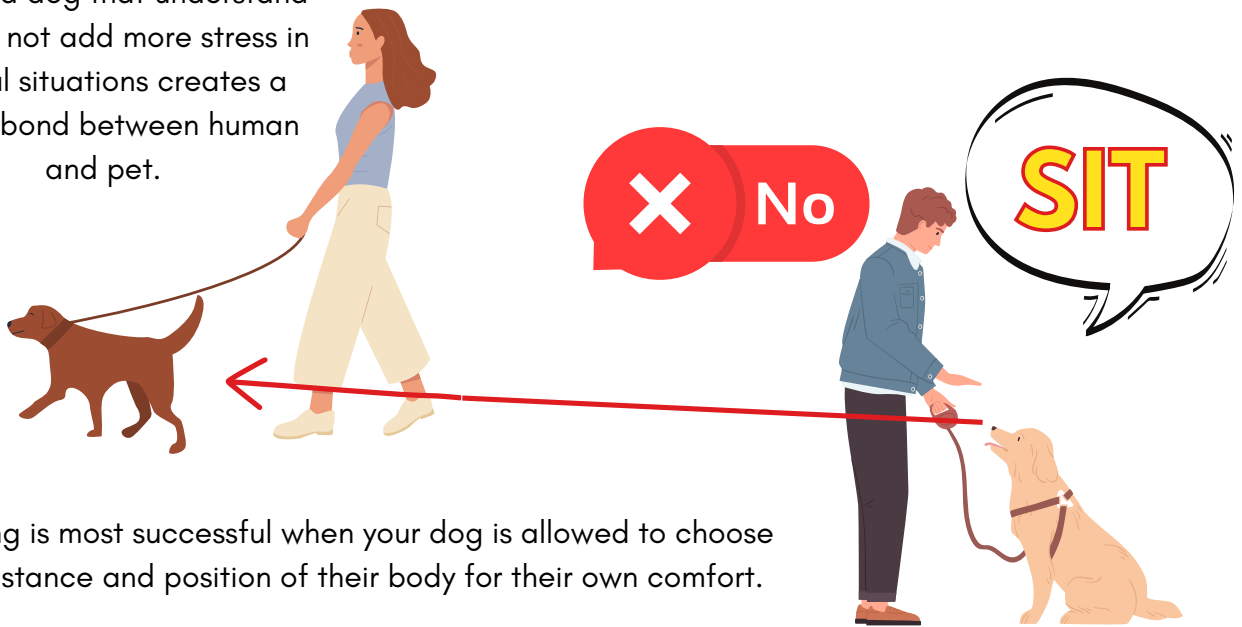


Position yourself so your dog has a clear view of their trigger

Your dog should be able to decide on the distance you should start at. You will see a much more relaxed dog at the start of your training session if they are comfortable with the distance.

Many dogs do not feel like sitting or laying down when they can see their trigger. They can feel scared being in a position that prevents them from moving quickly.

Having a dog that understand you will not add more stress in fearful situations creates a better bond between human and pet.



Training is most successful when your dog is allowed to choose the distance and position of their body for their own comfort.

Some dogs will naturally sit when faced with a trigger. That is their choice. Always watch your dog's body language!



Having a dog that can sit, stay and relax in a down position is an important part of reactivity work. All of these can be added in later.

