

# Advanced Lesson Plan

## Class One

- Sit with distractions (5-7 minutes)
  - have dogs sit while you bounce a tennis ball & build up to squeaking a toy
- Heel part one (20-25 minutes)
  - Finish – Have your dog complete tear shaped turn and sit w/ legs in line with owner's legs
  - Heel – Have dog "finish" between owner and wall. Two or three steps, before dog can lunge ahead of owner.
- Place / mat part one (15-20 minutes)
  - Put mat on floor, when dog sniffs it, reward by placing their treat on the mat
  - When dog steps on mat, click and treat on mat
  - If dog offers sit or down on mat, click and give special treats
  - If dog doesn't offer – use down cue, click and give special treats

## Class Two

- Heel part two (20-25 minutes)
  - Begin with dog in "finish" position – figure eight patterns so dog begins looking at owner
  - Random stops w/sit
- Come with distractions (3-5 minutes each dog)
  - 50 ft long line, owner calls dog to come while distractions are presented. Encourage owner to use "leave it" cue. Distractions cannot call the dog's name.
- Stay with distractions (5-7 minutes)
  - have dogs stay while you make funny noises and squeak toys
- Place / mat part two (15-20 minutes)
  - Get dog into "down" on the mat
  - Give dog release word , move a few steps away – if dog gets off of mat, ignore them – if dog returns to mat, click and treat
  - Slowly increase distance – DO NOT SAY "STAY"

## Class Three

- Heel part three (30-35 minutes)
  - Finish position, heel, walk in a straight line without using a wall
  - Click for eye contact, use "watch" cue
  - Figure eight if your dog moves ahead, once they are back in the correct spot, straight ahead again
- Advanced Stay (15-20 minutes)
  - Position dog by wall or doorframe
  - Give stay cue
  - Step to the side, hiding from your dog for 1 second
  - Return, click & reward

#### Class Four

- Leave it (2 minutes each)
  - Booby trap a play room with tons of yummy things – Bacon – Peanut butter- Toys- Balls- etc
  - Each dog gets 2 minutes in the room to practice “leave it”
- Practice Heel outside (10-15 minutes)
- Advanced stay part 2 (15-20 minutes)
  - Give dog “stay” cue and begin practice walking towards the door
  - Try to see if you can open the door all the way before returning to your dog
- Supervised Separation
  - Helper to hold the dog’s leash
  - Owner walk away & out of sight for longer and longer

#### Class Five

- Behavior course (30-35 minutes)
  - Practice Heel w/ mixed loose leash walking and sit /down / stay/ come
- Advanced stay part 3
  - Stay – walk to the door – repeat stay
  - Open door – walk through – hide
  - Come back calmly – reward
- Reacting to other dogs
  - Place dog into heel
  - Walk towards other person with dog
  - Pause, put dog into sit/stay
  - Shake hands with other person & exchange pleasantries
  - Continue on

#### Class Six

- Test!