



LICK MATS

Lick mats are a wonderful tool to use when you need your dog to be distracted. Often, lick mats are used when dogs are taking baths or when we are trimming their nails.



Lick mats come in many different shapes and sizes, but ultimately they all do the same thing. When you smear food onto the mat, the small bumps prevent your dog from being able to lick it up quickly. By slowing your dog down, this keeps them happily distracted as we do things your dog may view as unpleasant, such as bathing, nail trimming, or grooming.

So, how do we use them?

First, make sure your lick mat has suction cups on the back of it. These will help so much by sticking the mat to the shower wall, or the floor while you're working with your dog.



Second, smear peanut butter, mashed bananas, pumpkin puree, or even baby food onto the mat so that it is between the grooves.

Third, stick the mat where your dog can reach it and let them lick away while you very gently trim nails or bathe them.

